

Siegerlisten Gesamt Männer- und Frauen-Wertung

4. PSD-Alstermarathon

16. Oktober 2005

16. Okt. 2005

14:34

Alstermarathon - AM - M

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|------|-----------------------|------|-------------------------|------|-----|--------|----------|
| 1. | Herkel,Heiko | 69 | LAV Husum | 1968 | 1. | M 35 | 02:50:43 |
| 2. | Pacher,Daniel | 281 | | 1975 | 1. | M 30 | 02:52:11 |
| 3. | Walter,Stephan | 223 | | 1967 | 2. | M 35 | 02:55:28 |
| 4. | Jaekel,Carsten | 244 | 3athlon.org | 1970 | 3. | M 35 | 02:59:08 |
| 5. | Meyer-Reim,Utz | 257 | SV Weiß-Blau Allianz | 1964 | 1. | M 40 | 03:02:41 |
| 6. | Würfel,Tim | 240 | werk3 Triathlon Hamburg | 1966 | 4. | M 35 | 03:04:59 |
| 7. | Teuber,Till | 277 | | 1966 | 5. | M 35 | 03:05:38 |
| 8. | Ungermann,Stefan | 260 | Feuerwehr Hamburg | 1964 | 2. | M 40 | 03:07:16 |
| 9. | Bastian,Jens | 11 | Laufftreff Alstertal | 1963 | 3. | M 40 | 03:08:26 |
| 10. | Stäcker,Frank | 195 | Philipp LG | 1964 | 4. | M 40 | 03:09:06 |
| 11. | Ring,Christian | 156 | | 1973 | 2. | M 30 | 03:11:01 |
| 12. | Wolter-Roessler,Tom | 239 | | 1978 | 1. | M | 03:11:13 |
| 13. | Prieß,Marcus | 147 | SV Großhansdorf | 1966 | 6. | M 35 | 03:12:26 |
| 14. | Chahed,Mohammed | 31 | BSG Laufwerk | 1953 | 1. | M 50 | 03:12:32 |
| 15. | Weigle,Dirk | 227 | BSG Feuerwehr | 1968 | 7. | M 35 | 03:12:48 |
| 16. | Kollas,Heiko | 98 | TV 1860 Nassau | 1970 | 8. | M 35 | 03:13:10 |
| 17. | von der Heide,Nils | 215 | | 1978 | 2. | M | 03:13:14 |
| 18. | Rösch,Hubertus | 267 | | 1972 | 3. | M 30 | 03:13:23 |
| 19. | Magunna,Christian | 115 | Speed Team Elbe | 1965 | 5. | M 40 | 03:13:32 |
| 20. | Pohl,Bernd | 142 | Laufftreff Alstertal | 1962 | 6. | M 40 | 03:13:56 |
| 21. | Meyer,Jörg | 124 | VfL Börnsen | 1961 | 7. | M 40 | 03:14:28 |
| 22. | Zimmermann,Klaus | 242 | | 1955 | 2. | M 50 | 03:14:39 |
| 23. | Witthöft,Holger | 237 | VfL Börnsen | 1957 | 1. | M 45 | 03:14:52 |
| 24. | Laame,Andre | 106 | SG Gruner+Jahr e.V. | 1979 | 3. | M | 03:15:26 |
| 25. | Kardel,Jan | 87 | | 1967 | 9. | M 35 | 03:15:55 |
| 26. | Baß,Michael | 10 | LG Philips | 1968 | 10. | M 35 | 03:16:08 |
| 27. | Horn,Rainer | 78 | | 1956 | 2. | M 45 | 03:17:31 |
| 28. | Schlüter,Dieter | 171 | Dataport Laufteam | 1960 | 3. | M 45 | 03:17:50 |
| 29. | Ruckelshausen,Olaf | 248 | Leo's Gassigänger | 1968 | 11. | M 35 | 03:18:51 |
| 30. | Ochmann,Michael | 135 | | 1965 | 8. | M 40 | 03:19:08 |
| 31. | Kretzschmar,Carsten | 100 | TT Uni BW Hamburg | 1965 | 9. | M 40 | 03:19:44 |
| 32. | Scheer,Ingo | 165 | BSG Feuerwehr | 1971 | 4. | M 30 | 03:20:33 |
| 33. | Willms,Erwin | 235 | Möllner SV | 1964 | 10. | M 40 | 03:21:38 |
| 34. | Brügmann,Frank Kohei | 30 | | 1966 | 12. | M 35 | 03:22:54 |
| 35. | Wieck,Andreas | 232 | BSG Beiersdorf | 1958 | 4. | M 45 | 03:23:57 |
| 36. | Rönsch,Michael | 159 | LT Kaltenkirchen | 1964 | 11. | M 40 | 03:24:17 |
| 37. | Sanders,Karsten | 163 | BSG Vereinsbank | 1966 | 13. | M 35 | 03:24:24 |
| 38. | Leunhöfne,Kai | 288 | | 1970 | 14. | M 35 | 03:24:54 |
| 39. | von Woedtke,Christoph | 211 | BSG Axel Springer | 1945 | 1. | M 60 | 03:25:33 |
| 40. | Schenk,Rolf-Dieter | 166 | Laufftreff Alstertal | 1953 | 3. | M 50 | 03:25:38 |
| 41. | Hildebrandt,Matthias | 71 | Hamburg | 1970 | 15. | M 35 | 03:25:51 |
| 42. | Laake,Christian | 105 | SG HSH Nordbank / BSV H | 1970 | 16. | M 35 | 03:26:35 |
| 43. | Hardt,Matthias | 62 | | 1977 | 4. | M | 03:26:50 |
| 44. | Bettenhausen,Uwe | 20 | | 1964 | 12. | M 40 | 03:27:26 |

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| 45. | Kohlberg,Ulrich | 95 | LG HNF | 1958 | 5. | M 45 | 03:28:02 |
| 46. | Schröder,Mark | 258 | | 1970 | 17. | M 35 | 03:28:09 |
| 47. | Sikorski,Rainer | 187 | | 1951 | 4. | M 50 | 03:29:06 |
| 48. | Schosnig,Armin | 177 | SV Großhansdorf | 1959 | 6. | M 45 | 03:29:14 |
| 49. | Wacker,Willi | 218 | Horster LT | 1955 | 5. | M 50 | 03:29:44 |
| 50. | Hoffmann,Sven | 252 | SV Prebberedde | 1985 | 5. | M | 03:30:45 |
| 51. | Sommer,Heinz | 191 | | 1939 | 1. | M 65 | 03:31:45 |
| 52. | Romeyke,Martin | 158 | | 1980 | 6. | M | 03:32:10 |
| | Teichmann,Stefan | 203 | | 1981 | 6. | M | 03:32:10 |
| 54. | Aries,Norbert | 7 | LG HNF | 1958 | 7. | M 45 | 03:32:37 |
| 55. | Ludka,Uwe | 247 | | 1963 | 13. | M 40 | 03:32:54 |
| 56. | Vogt,Holger | 213 | | 1972 | 5. | M 30 | 03:33:00 |
| 57. | Genter,Klaus | 50 | | 1959 | 8. | M 45 | 03:35:08 |
| 58. | Grimpe-Luhmann,Niels | 266 | Sparschweine | 1966 | 18. | M 35 | 03:36:04 |
| 59. | Wallesch,Rene | 222 | | 1972 | 6. | M 30 | 03:36:08 |
| 60. | Sagasser,Mario | 162 | 100 Marathon Club | 1965 | 14. | M 40 | 03:37:03 |
| 61. | Schlawitscheck,Andreas | 168 | | 1955 | 6. | M 50 | 03:37:12 |
| 62. | Mahr,Andreas | 116 | TSV Hoechstadt | 1972 | 7. | M 30 | 03:37:26 |
| 63. | Reuting,Dennis | 268 | BSG HSH Nord | 1971 | 8. | M 30 | 03:37:45 |
| 64. | Popanda,Kai | 144 | Trisport Lübeck | 1967 | 19. | M 35 | 03:38:03 |
| 65. | Wandschneider,Dirk | 224 | BSG Airbus | 1963 | 15. | M 40 | 03:38:08 |
| 66. | Nommensen,Arno | 134 | DGF Flensburg e.V. | 1968 | 20. | M 35 | 03:38:34 |
| 67. | Köster,Henri | 99 | | 1972 | 9. | M 30 | 03:38:40 |
| 68. | Jacobsen,Thilo | 82 | | 1973 | 10. | M 30 | 03:40:27 |
| 69. | Fehrmann,Sven | 43 | | 1973 | 11. | M 30 | 03:40:34 |
| 70. | Keibel,Enno | 289 | | 1972 | 12. | M 30 | 03:41:19 |
| 71. | Müller,Bodo | 270 | | 1962 | 16. | M 40 | 03:41:21 |
| 72. | Linnecke,Bernd | 108 | | 1958 | 9. | M 45 | 03:41:31 |
| 73. | Hutmacher,Udo | 79 | | 1955 | 7. | M 50 | 03:42:16 |
| 74. | Pohle,Dr.Fritz | 143 | | 1953 | 8. | M 50 | 03:42:22 |
| 75. | Hencke,Folkhard | 68 | Fr.Meyer`s Sohn | 1966 | 21. | M 35 | 03:43:00 |
| 76. | Bornmüller,Gerrit | 25 | LG Bananenbrot | 1972 | 13. | M 30 | 03:43:09 |
| 77. | Kolbusa,Matthias | 97 | | 1974 | 14. | M 30 | 03:43:19 |
| | Söllner,Rainer | 190 | BSG Artus Hamburg | 1961 | 17. | M 40 | 03:43:19 |
| 79. | Götz,Manfred | 53 | TSV Bargtheide-Tri | 1961 | 18. | M 40 | 03:43:23 |
| 80. | Veeltmann,Stefan | 212 | | 1969 | 22. | M 35 | 03:44:52 |
| 81. | Tornow,Stefan | 207 | | 1968 | 23. | M 35 | 03:44:59 |
| 82. | Schwarz,Konrad | 282 | 100 Marathon Club | 1956 | 10. | M 45 | 03:45:07 |
| 83. | Simon,Alexander | 188 | | 1966 | 24. | M 35 | 03:46:49 |
| 84. | Eulig,Jens | 250 | ATSV Stockelsdorf | 1959 | 11. | M 45 | 03:47:34 |
| 85. | Beste,Jürgen | 19 | | 1960 | 12. | M 45 | 03:48:03 |
| 86. | Faas,Christoph | 42 | SV Gehrden | 1959 | 13. | M 45 | 03:48:16 |
| 87. | de Vogel,Stephan | 34 | BSG Laufwerk | 1966 | 25. | M 35 | 03:48:27 |
| 88. | Stinner,Frank | 199 | | 1960 | 14. | M 45 | 03:48:43 |
| 89. | Brozda,Pelu | 283 | | 1962 | 19. | M 40 | 03:48:57 |
| 90. | Hauschild,Hans | 63 | SC Drestedt 88 e.V. | 1950 | 1. | M 55 | 03:49:25 |
| 91. | Ludwig,Jürgen | 113 | SG Findorff Bremen | 1967 | 26. | M 35 | 03:49:53 |
| 92. | Sporleder,Ole | 193 | 100 Marathon Club | 1969 | 27. | M 35 | 03:50:11 |

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| 93. | Cisiuski,Uwe | 279 | | 1956 | 15. | M 45 | 03:50:39 |
| 94. | Diekmann,Peter | 37 | | 1982 | 8. | M | 03:50:57 |
| 95. | Aue,Norbert | 8 | | 1946 | 2. | M 55 | 03:51:11 |
| 96. | Weinert,Werner | 228 | | 1952 | 9. | M 50 | 03:51:14 |
| 97. | Kließ,Ingo | 93 | ATSV Stockelsdorf | 1949 | 3. | M 55 | 03:51:48 |
| 98. | Adloff,Ralf | 4 | | 1971 | 15. | M 30 | 03:53:28 |
| 99. | Voß,Gilbert | 217 | BSG HEW | 1959 | 16. | M 45 | 03:53:29 |
| 100. | Siebeneicher,Jochen | 185 | | 1965 | 20. | M 40 | 03:54:00 |
| 101. | Sietz,Andreas | 280 | | 1968 | 28. | M 35 | 03:54:09 |
| 102. | Gedanke,Frank-York | 48 | BSG NDR Hamburg | 1960 | 17. | M 45 | 03:54:49 |
| 103. | Gruenefeldt,Michael | 55 | | 1973 | 16. | M 30 | 03:55:07 |
| 104. | Posselt,Dirk | 145 | SC Poppenbüttel Hamburg | 1961 | 21. | M 40 | 03:55:41 |
| 105. | Volquardsen,Klaus | 278 | | 1958 | 18. | M 45 | 03:55:52 |
| 106. | Reetz,Michael | 150 | | 1982 | 9. | M | 03:56:06 |
| 107. | Schmitz,Siegfried | 174 | TUS Holtenau Kiel | 1946 | 4. | M 55 | 03:57:29 |
| 108. | Ohlsen,Willi | 136 | | 1941 | 2. | M 60 | 03:57:48 |
| 109. | Schey,Wolfgang | 167 | | 1967 | 29. | M 35 | 03:57:51 |
| 110. | Nollmann,Heiner | 133 | Eidelstedt Oldstars | 1963 | 22. | M 40 | 03:57:52 |
| 111. | Swobodzinski,Tobias | 202 | | 1971 | 17. | M 30 | 03:57:53 |
| 112. | Drexler,Hans | 265 | 100 Marathon Club | 1953 | 10. | M 50 | 03:57:55 |
| 113. | Siebert,Wilfried | 186 | LG HNF | 1964 | 23. | M 40 | 03:58:30 |
| 114. | Rehding,Ralf-Dieter | 151 | | 1950 | 5. | M 55 | 03:59:19 |
| 115. | Gehm,Markus | 49 | | 1967 | 30. | M 35 | 03:59:38 |
| 116. | Gerlitz,Winfried | 51 | | 1955 | 11. | M 50 | 04:00:22 |
| 117. | Schneider,Willy | 175 | LC Solbad Ravensberg | 1952 | 12. | M 50 | 04:01:15 |
| 118. | Mallmann,Ralf | 118 | | 1970 | 31. | M 35 | 04:01:48 |
| 119. | Mauritz,Klaus-D. | 269 | | 1950 | 6. | M 55 | 04:02:11 |
| 120. | Hotze-Müller,Thomas | 254 | LT Hegolt | 1957 | 19. | M 45 | 04:02:12 |
| 121. | Bergmann,Rene | 18 | | 1977 | 10. | M | 04:02:32 |
| 122. | Riedel,Rainer | 153 | | 1956 | 20. | M 45 | 04:03:00 |
| 123. | Schröder,Karsten | 275 | | 1962 | 24. | M 40 | 04:03:18 |
| 124. | Eggers,Klaus | 41 | | 1946 | 7. | M 55 | 04:03:36 |
| 125. | Beese,Thomas | 14 | | 1963 | 25. | M 40 | 04:04:20 |
| 126. | Kieselbach,Wolfgang | 90 | BSG Hypo Vereinsbank | 1952 | 13. | M 50 | 04:04:28 |
| 127. | Penzel,Gerhard | 139 | 100 Marathon Club | 1942 | 3. | M 60 | 04:05:27 |
| 128. | Wagner,Dirk | 219 | BSG Feuerwehr | 1961 | 26. | M 40 | 04:05:52 |
| 129. | Schlochtermeyer,Dirk | 170 | | 1966 | 32. | M 35 | 04:07:05 |
| 130. | Meyer,Hans-Joachim | 123 | 100 Marathon Club | 1939 | 2. | M 65 | 04:07:19 |
| 131. | Mager,John | 114 | | 1972 | 18. | M 30 | 04:07:27 |
| 132. | Pufahl,Rainer | 148 | LT Büchen | 1964 | 27. | M 40 | 04:07:37 |
| 133. | Jerosch,Thomas | 84 | | 1968 | 33. | M 35 | 04:07:51 |
| 134. | Rohloff,Karl-Heinz | 157 | SV Wasbek | 1953 | 14. | M 50 | 04:07:57 |
| 135. | Lo,Shek kee | 109 | 100 Marathon Club | 1966 | 34. | M 35 | 04:08:15 |
| 136. | Künzel,Andreas | 103 | Lufthansa SV | 1956 | 21. | M 45 | 04:08:53 |
| 137. | Dohrn,Frank | 38 | AMTV Hamburg | 1958 | 22. | M 45 | 04:09:50 |
| 138. | Westphal,Hans-Joachim | 231 | LT Bernd Hübner | 1957 | 23. | M 45 | 04:10:36 |
| 139. | Jürgens,Uwe | 273 | | 1945 | 4. | M 60 | 04:11:36 |
| 140. | Griem,Burkhard | 54 | | 1956 | 24. | M 45 | 04:12:06 |

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| 141. | Stapelfeld,Manfred | 197 | | 1946 | 8. | M 55 | 04:12:12 |
| 142. | Müller,Lars | 129 | | 1972 | 19. | M 30 | 04:12:56 |
| 143. | Fiehnen,Heino | 45 | | 1962 | 28. | M 40 | 04:13:12 |
| 144. | Ucke,Peter | 210 | | 1966 | 35. | M 35 | 04:13:41 |
| 145. | Kuhlmann,Dr.Cord Andreas | 101 | BSG-Beiersdorf HH | 1963 | 29. | M 40 | 04:14:02 |
| 146. | Dahms,Marco | 32 | | 1970 | 36. | M 35 | 04:14:25 |
| | Weitkämper,Wolfgang | 229 | | 1960 | 25. | M 45 | 04:14:25 |
| 148. | Zylau,Kai | 243 | werk3 Triathlon Hamburg | 1965 | 30. | M 40 | 04:14:47 |
| 149. | Eberhardt,Jan | 263 | | 1980 | 11. | M | 04:15:14 |
| 150. | Stamer,Norbert | 196 | | 1962 | 31. | M 40 | 04:15:20 |
| 151. | Hofmann,Norbert | 75 | VfL Jesteburg | 1961 | 32. | M 40 | 04:15:40 |
| 152. | Rieken,Stephan | 154 | LT Duvenstedt | 1957 | 26. | M 45 | 04:16:03 |
| 153. | Teles de Vasconcelos,Gonc | 204 | | 1967 | 37. | M 35 | 04:16:58 |
| | Hansen,Carsten | 61 | | 1965 | 33. | M 40 | 04:16:58 |
| 155. | Koschnick,Jörn | 256 | THC Bad Oldesloe | 1975 | 20. | M 30 | 04:17:51 |
| | Radtke,Holger | 149 | | 1971 | 20. | M 30 | 04:17:51 |
| 157. | Picker,Rainer | 141 | | 1961 | 34. | M 40 | 04:17:56 |
| 158. | Grumbach,Roland | 246 | | 1954 | 15. | M 50 | 04:18:02 |
| 159. | Waschkewitz,Klaus | 225 | LLG Springe | 1959 | 27. | M 45 | 04:18:21 |
| 160. | Klähnhammer,Ingo | 92 | | 1977 | 12. | M | 04:18:22 |
| 161. | Becker,Michael | 276 | | 1977 | 13. | M | 04:18:42 |
| 162. | Wagner,Frank | 220 | | 1967 | 38. | M 35 | 04:19:18 |
| 163. | Nitz,Torsten | 132 | | 1967 | 39. | M 35 | 04:20:33 |
| 164. | Kummer,Peter | 271 | | 1953 | 16. | M 50 | 04:21:13 |
| 165. | Overhoff,Martin | 137 | | 1963 | 35. | M 40 | 04:21:55 |
| 166. | Blath,Wolfgang | 291 | | 1959 | 28. | M 45 | 04:23:07 |
| 167. | Willms,Edgar | 234 | | 1962 | 36. | M 40 | 04:26:03 |
| 168. | Illing,Thomas | 80 | TSV Lütjenwestedt | 1959 | 29. | M 45 | 04:28:19 |
| 169. | Schacht,Matthias | 284 | | 1968 | 40. | M 35 | 04:28:39 |
| 170. | Stüttgen,Thomas | 201 | BSG Volksfürsorge | 1966 | 41. | M 35 | 04:29:00 |
| 171. | Fliegel,Bernhard | 251 | LG HNF | 1949 | 9. | M 55 | 04:29:31 |
| 172. | Keil,Thomas | 249 | Dohren Runners | 1963 | 37. | M 40 | 04:30:12 |
| 173. | Etzold,Hans-Joachim | 245 | MTV Bispingen | 1947 | 10. | M 55 | 04:31:00 |
| 174. | Hönke,Knut | 76 | LG Kehdingen | 1950 | 11. | M 55 | 04:31:35 |
| 175. | Denkeler,Hans | 36 | Bramstedter Turnerschaft | 1939 | 3. | M 65 | 04:33:21 |
| 176. | Schultze,Holger | 180 | Kaltenkirch. Turnerschaft | 1952 | 17. | M 50 | 04:33:26 |
| 177. | Belitz,Christian | 16 | | 1974 | 22. | M 30 | 04:35:12 |
| 178. | Heinig,Marcel | 65 | marathon4you.de | 1981 | 14. | M | 04:37:10 |
| 179. | Behrmann,Heinz | 15 | LG Albatros Kiel | 1952 | 18. | M 50 | 04:38:12 |
| 180. | Beck,Uwe | 13 | | 1963 | 38. | M 40 | 04:39:57 |
| 181. | Slacik,Roland | 189 | BSG HWW | 1947 | 12. | M 55 | 04:41:54 |
| 182. | Koppe,Matthias | 255 | | 1964 | 39. | M 40 | 04:42:15 |
| 183. | Rehn,Matthias | 264 | | 1980 | 15. | M | 04:43:01 |
| 184. | Antoni,Günter | 6 | Post Sv Buxtehude | 1941 | 5. | M 60 | 04:43:19 |
| 185. | Kohl,Heinz Helmuth | 94 | SC Hemmoor | 1947 | 13. | M 55 | 04:43:21 |
| 186. | Tubenthal,Jörg | 209 | BSG Still Hamburg | 1962 | 40. | M 40 | 04:43:24 |
| 187. | Kellermann,Peter | 89 | BSG Hamburger Apotheken | 1957 | 30. | M 45 | 04:45:02 |
| 188. | Meyer,Sebastian | 125 | | 1967 | 42. | M 35 | 04:45:28 |

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| 189. | Miemenschneider,Andreas | 285 | | 1961 | 41. | M 40 | 04:47:29 |
| 190. | Wildling,Jochen | 262 | TSV Reinbek | 1981 | 16. | M | 04:55:13 |
| 191. | Kijek,Walter | 91 | Lauftreff Alstertal | 1939 | 4. | M 65 | 04:55:28 |
| 192. | Petersen,Sven | 140 | TUS Holtenau Kiel | 1958 | 31. | M 45 | 04:55:39 |
| 193. | Niklitschek,Joachim | 131 | TUS Holtenau Kiel | 1962 | 42. | M 40 | 04:55:41 |
| 194. | Eberle,Dietrich | 261 | 100 Marathon Club | 1951 | 19. | M 50 | 04:58:12 |
| 195. | Heyer,Günter | 70 | LG Albatros Kiel | 1938 | 5. | M 65 | 04:59:57 |
| 196. | Bröcker,Karl-Ernst | 29 | | 1954 | 20. | M 50 | 05:00:52 |
| 197. | Loose,Uwe | 110 | | 1959 | 32. | M 45 | 05:02:15 |
| 198. | Markuszies,Bodo | 117 | 100 Marathon Club | 1958 | 33. | M 45 | 05:06:17 |
| 199. | Turczynski,Michael | 259 | SG Bredenbek | 1970 | 43. | M 35 | 05:09:57 |
| 200. | Britz,Werner | 28 | LGO | 1945 | 6. | M 60 | 05:12:44 |
| 201. | Hopp,Manfred | 77 | 100 Marathon Club | 1943 | 7. | M 60 | 05:16:03 |
| 202. | Mohr,Carsten | 126 | Fr.Meyer`s Sohn | 1972 | 23. | M 30 | 05:18:58 |
| 203. | Wehner,Harald | 226 | IGL HH | 1939 | 6. | M 65 | 05:19:32 |

Gesamtanzahl der Läufer bisher : 203

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Alstermarathon - AM - W

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|------|----------------------------|------|-------------------------|------|-----|--------|----------|
| 1. | Schosnig,Dietlinda | 178 | SV Großhansdorf | 1960 | 1. | W 45 | 03:16:31 |
| 2. | Heinke,Cornelia | 274 | | 1966 | 1. | W 35 | 03:36:47 |
| 3. | Lehmann,Martina | 107 | Polizei Hamburg | 1980 | 1. | W | 03:38:47 |
| 4. | Albers,Antje | 5 | Laufline Team Göttingen | 1968 | 2. | W 35 | 03:41:26 |
| 5. | Timm,Babett | 205 | | 1967 | 3. | W 35 | 03:45:04 |
| 6. | Hoeft,Gesine | 72 | | 1952 | 1. | W 50 | 03:53:20 |
| 7. | Mongel,Stefanie | 127 | LT Egelsbach | 1974 | 1. | W 30 | 03:56:08 |
| 8. | Heitmann,Britta | 67 | | 1966 | 4. | W 35 | 03:56:11 |
| 9. | Brinkmeier,Andrea | 27 | LC Solbad Ravensberg | 1967 | 5. | W 35 | 04:01:07 |
| 10. | Jordan,Manuela | 86 | | 1972 | 2. | W 30 | 04:08:09 |
| 11. | Rehn,Sylvia | 152 | 100 Marathon Club | 1971 | 3. | W 30 | 04:08:14 |
| 12. | Schmidt,Hildegard | 172 | | 1963 | 1. | W 40 | 04:10:04 |
| 13. | Wiechert,Imke | 287 | | 1976 | 2. | W | 04:10:08 |
| 14. | Fröhlich, Angela | 272 | | 1958 | 2. | W 45 | 04:10:22 |
| 15. | Schumacher,Yasmine | 181 | | 1960 | 3. | W 45 | 04:12:37 |
| 16. | Manglkammer,Carmen | 119 | TV Stierstadt | 1968 | 6. | W 35 | 04:19:07 |
| 17. | Sönnichsen-Nitz,Anja | 192 | | 1966 | 7. | W 35 | 04:20:32 |
| 18. | Neubauer,Ulrike | 130 | | 1969 | 8. | W 35 | 04:21:25 |
| 19. | Tröger-Reders,Nina | 208 | Leonidas | 1978 | 3. | W | 04:22:55 |
| 20. | Witaszak,Catarina | 236 | | 1980 | 4. | W | 04:24:36 |
| 21. | Woidelko,Gabriele | 238 | | 1968 | 9. | W 35 | 04:42:27 |
| 22. | Hann-Yoshida,Yukko | 60 | | 1942 | 1. | W 60 | 04:42:30 |
| 23. | Sagasser,Doris | 161 | 100 Marathon Club | 1968 | 10. | W 35 | 04:43:17 |
| 24. | Köhn,Erika | 96 | BSG NDR Hamburg | 1956 | 4. | W 45 | 04:45:03 |
| 25. | Selzer,Silke | 183 | | 1965 | 2. | W 40 | 04:48:56 |
| 26. | Hoffmann,Kirsten Frederika | 74 | | 1954 | 2. | W 50 | 04:54:51 |
| 27. | Ilmer,Madeleine | 81 | | 1950 | 1. | W 55 | 04:55:22 |
| 28. | Timpe,Kerstin | 206 | | 1968 | 11. | W 35 | 04:55:51 |
| 29. | Bräuner,Ellen | 26 | | 1974 | 4. | W 30 | 04:57:46 |

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4. PSD-Alstermarathon

16. Oktober 2005

16. Okt. 2005

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